



Loaves & Fishes

SAINT ANDREW PRESBYTERIAN CHURCH NEWS

MARCH 2019

NEXT SUBMISSION DEADLINE IS MARCH 21ST

Unbind Your Heart

Rappin' with the Rev by Pastor Dave Milam



Robin Laybourne, Deborah Hill, Kate Rohrbaugh, Kimball Peele, Bonnie Milam, Debra Gutenson, Clark Seipt, Kent Carneal, Laurie Barbagallo, Marie Cahoon, Suzanne Wade, George Macdonald, Frank Diehl, and Kathi Hottinger have been among those giving time, prayer and effort to getting our Unbinding Your Heart event organized. In addition, this group has read and discussed the book many more will enjoy, opening our hearts to the encouragement and growth that faith sharing can bring. Their energy for the blessing that this event will bring to many more has provided a foundation for this Lenten commitment.

Together, our hope is that people committing their time and effort to participate in this six-week event will be deeply meaningful and enriching. That will happen when we:

- 1) spend time with friends new and old; having meaningful conversation about stories from the Bible;
- 2) as we spend some intentional time learning about and deepening our practice of praying; and
- 3) as we delight in the precious faith we have been given by Jesus, a faith that can also be precious to others.

We talked about one of the Bible stories last night at Wednesday Family Night. It was about a man named Phil-

ip. The Spirit moved him to start talking with an official riding in a chariot. The official is returning to Ethiopia from a visit to Jerusalem. The official served a Queen, but as such, he also had to undergo some personal changes which disqualified him from welcome to worship in the Jerusalem temple. Because of his physical being, he was separated from others, who deemed him separated from God.

As a group, we talked about how feeling separated from God and being a self alienated from others is opposite our hopes of what it is be welcomed by God and to love one another together. We mentioned St. Francis' saying to "preach the Gospel always – using words when needed." Caring, serving, understanding others and the like are ways of sharing our faith. And sometimes finding the right words to say – and words about Jesus Christ are necessary. That's what we hope to grapple with in our six weeks during Unbinding Your Heart.

Week One kicks off with our worship services this Sunday, March 3 and with the Ash Wednesday service at 6:30 pm that will follow our pancake dinner on March 6. The six-week event will take place over the Season of Lent until we reach Palm Sunday, Holy Week and Easter. Small group gatherings forming bonds of friendship giving opportunity for

spiritual growth are at the heart of this event. The combination of small groups; individual time for reading, praying and trying some things out; and worship give us an opportunity to refresh our spirits during Lent. I hope that you can join us in this faith sharing event.

Yours in Christ,

Pastor David Milam

A Listening Session on Race

Saturday, March 16 from 10:30-11:30 am

Pastor Dave and Brad Morell were a part of a Dismantling Racism Team of the National Capital Presbytery in 2017-2018. As a part of an interracial and diverse ethnic group, they shared experiences about, and learned from the others, how ideas of race were shaped in their minds and how it has affected them in life and career. Many insights were gained through their participation.

The Dismantling Racism Team used the sharing and bonding experience of the twenty group members as the First Step for seeing what changes might be introduced to the congregations in our presbytery. Step Two for the process comes in Listening Sessions throughout the presbytery. Four questions are asked of the participants. These include what were their first experiences of the awareness of race, how the church has been influential (or not) in their thinking about the topic and so on.

St. Andrew will host a listening session on Saturday, March 16 at 10:30 am in the Youth Lounge downstairs. We hope to get a group of participants, diverse in their experiences and ideas about race to be reflective of a variety of broad attitudes representative of our congregation. There will be someone at the meeting to capture the comments in writing, but the report will be anonymous. The hope is to create a safe space for constructing a conversation about race in a broad manner. It is hoped that a group of, at least, 10-12 might attend this session. If there are more than that number, two groups will be formed.

Participating in such an experience and hearing one another's stories is both intriguingly engaging and helpful. Many of our society's challenges stem from a lack of contact and connection with those who have had different experiences than ours. Talk in a safe space opens the possibility for changes that may bring healing and hope for a better future.

Please let us know of your willingness to participate in the sign-up sheet provided in the narthex or by emailing our church secretary, Diane Agbenyo: secretary@standrew-pres.org.



Phoebe's Sisters

This women's group will meet next on May 4th, at Coney Island Diner, for breakfast and fellowship. If you are interested in joining them, contact Suzanne Wade at wadesuz@gmail.com.

The St. Andrew Book Club

This group meets monthly outside the church. The next meeting is scheduled for 7:30 pm on March 23rd at the home of Debra Gutenson. The book under discussion will be The Good Girls Revolt by Lynne Povitch. Please contact Zoe Sowers at 540 338-0999 or zsowers@gmail.com to join the discussion.

Lovettsville Group

This group will meet every Sunday evening during Lent for discussion of Unbinding Your Heart and welcome others to join the group. The meeting place rotates among the members of the group. Contact Debra Gutenson at 540 882-3205 or gutenson50@loudounwireless.com for more information.

FP4H

First Place 4 Health, a faith-based weight loss program, meets every Monday evening at 7 pm. Contact Ally Fetch at 336 508-2610 or afetch@gmail.com or Deborah Hill at 540 751-9818 or momscully@earthlink.net.

Men's Group

This group meets the first Saturday of the month in the fellowship hall. Coffee starts at 7:30 am and breakfast/fellowship at 8:00 am. The next meeting is March 2nd. All men of the church are invited. To join, contact Chris Butkus if you are interested in joining (chrisbutkus@yahoo.com).

Brunch Bunch

This group meets the second Monday of each month from 10:00 to 11:30 am in the church basement. The next meeting is March 11th and will be discussing Lesson Three in God's Promise. For more information, contact Ann Paciulli at annpaciulli@gmail.com.



SAVE THE DATE

All Church Retreat
Camp Highroad
May 31 – June 2

ASH WEDNESDAY
Wednesday, March 6
 There will be imposition of ashes from 7am
 **Pancake Dinner 6:00pm**
Wednesday Service 6:30pm

Get Your Ash Over Here!

I'm arriving at the church at 7:00 am this coming Wednesday, in order to put ashes on the foreheads of those who would start an observation of the six weeks of Lent with the reminder that "we are dust and to dust we shall return." In past years, both NLC and church families and members have come ready to receive this sign of our mortality as a way of signifying how God is our ultimate trust. As the one imposing the ashes, I find it especially humbling to put this sign on the heads of children and older people – reminding us that as vibrant as our youth might be it is limited and leaves us dependent on our Creator and Redeemer for life. For those whose years are adding up, it reminds us of the promise of God's love that sustains us by virtue of Jesus' resurrection. I love having this intimate time of marking with ashes throughout the day on Ash Wednes-

days. I hope that the action might also open up conversation about questions people may have about its meaning – as well as having the opportunity to get to know one another with appreciation and hospitality. On Ash Wednesday evening, we will have a worship service. We will sing quiet, reflective songs, say prayers together, hear from Scripture and impose ashes again for those who had not come in during the day. The evening service is at 6:30. It follows a pancake supper at 6:00. We invite all to attend and to add your sense of wonder and grace to the service.

Yours,

Pastor Dave

Pastor Dave

Believing & Belonging
Interested in joining St. Andrew?
 A new member class at St. Andrew starts on
 March 2nd at 12:30 pm.
 Please come join this exciting series to deepen your faith in scripture and learn about fellowship at St. Andrew. Childcare will be offered. Please contact Pastor Dave (revdocdavem@aol.com) if you are interested.

SUNDAY NIGHT LIVE

A fun gathering for Middle and High School Youth! Monthly on 2nd and 4th Sundays from 6:00 pm - 8:00 pm.



The sacrament of baptism was performed on Sunday, February 28th for Barrett Palmer Evans and Bailey Elizabeth Evans, children of Yvette and Matt Evans. The children's aunt, the Reverend Lauren Evans, came from California to perform this special rite. She was joined by other family members to celebrate with the proud parents. Barrett and Bailey were not too thrilled by the actual ceremony and the water placed upon their heads, but soon brightened up enough to pose for the family picture below.



MUSIC WITH A CAUSE

Presents

Moonlit in the Sun

In a "Corona Concert"



SUNDAY
MARCH 3, 4PM

Featuring string trio: FRANK PERACCHIA, Violin
CARLA DENIZ, Viola
MEGHAN HICKMAN, Cello

Performing works of Bach, Ponce, and Dohnanyi. Tickets are \$20 at the Door, ages 17 and under free. Tickets can be purchased in advance at eventbrite.com (search for music with a cause). Concert proceeds will benefit the local charity Homes for Heroes.



Venue: St. Andrew Presbyterian Church
711 West Main Street, Purcellville, VA.
www.standrew-pres.org | 540-338-4332



The Connect Committee hosted an Appetizer Social Potluck and Game Night on Sunday, February 17th. Expert gamers Eric and Emily Groo brought and taught games to the crowd of about 60 people. A great time was had by all.



MARCH BIRTHDAYS & ANNIVERSARIES

Happy Anniversary this month to:	10 Jennifer Carpenter Carson Rich
15 Tom and Deborah Hill Davis and Betty Willis	14 Tami York
25 Nick and Carlinda Kleck	15 Marcia Owens Anthony Semiao
	18 Karen Ray Heidi Shields
Happy Birthday this month to:	23 Alden York
	24 Claudia Faubert Scott Ziegler
3 Cindy Fike Garrett Fike	26 Harold Pull
4 Emma Curtis JoAnna Rich	27 Kecia Brown
5 Troy Krepich	28 Will Gehl
7 Natalie Miner	29 Cullen Kleck
	31 Lizzie Barbagallo

LORD HEAR OUR PRAYERS

We lift up our concerns

Congregation

Mark Rohrbaugh recovering from a deviated septum surgery. June and Tom Hutchison. Tom Bolduc. Sarah MacWhorter and family. Betty McNair. George MacDonald. Raye Ann Kauffman. Pamela Schmidt.

We continue to pray for

Friends and Family

The Sullivan family for Kyle and Meghan Sullivan's newborn son, Greer Joseph Sullivan. Joanna Rich for her niece, Heather's husband, Jamie Eudy (43 years old) who died from cancer. Suzanne Wade's brother, Randy Smith diagnosed with Colon Cancer. Geoff Kohl for Lottie's grandmother, Claire who has a heart issue and skin cancer. Andrea Broshkevitch for mom, Judy who broke her pelvis in a fall. Laurie Barbagallo for mom, Barbara Coswell, who is preparing for heart valve surgery in a couple of weeks. Marj Diehl for Dima's recent MRI to come back clear. Kim Peele's brother Chip. Visitor Diane for daughters, Jasmine and Morgan. Manny Njomo for cousin, Charles who died in Cameroon. Kent Burel's continued recovery after heart bypass surgery. The Diehl's cousin, Pat Oest has breast cancer. Kate Rohrbaugh's dad, Donald Goddard with Parkinson's disease. Melissa Macdonald, for Clyde Law. Louise Howard's husband, John's upcoming Atrial Fibrillation (Afib) surgery. Chris Butkus's coworker, Leah for brain tumor surgery. Kathi Hottinger for neighbor's mother, Diana who is undergoing cancer treatment. Former St.



Andrew member, Jerry Frank, whose blood cancer is back after 13 years in remission. Albert Edwards (father of Cole Lucy and Thaddeus) in treatment for Myelodysplasia (MDS).

Community/World

Clark Seipt for CCH teams in Haiti and the country, which is going through protests over the state of current economy.

Joys

Clark Seipt for Hannah's 5th Birthday and for sister Mary Mark visiting with daughter Marcie. Marjorie Diehl for Healing for Dimas Lamp. ! Kate Rohrbaugh would like to thank church members for their prayers for Mark's Rohrbaugh recovery after surgery

MARCH MUSIC REHEARSALS

Choir Rehearsals, Wednesdays at 7 pm
Contact Zack Henderson, zackh900@gmail.com

New Song, Sunday mornings before the service
Contact Laurie Barbagallo 540 454-8215 or lauriewm85@hughes.net

St. Andrew Bell Ringers, Thursdays at 7:15 pm
Contact Zoe Sowers 540 338-0999, zoesowers@gmail.com

Children's Choir, For Kindergarten through 5th grade.
Wednesdays at 6:15 pm in the Music Room.
Contact Zack Henderson, zackh900@gmail.com

Flower Calendar

A new flower calendar for 2019 is in the church entry way. Please consider providing flowers for Sunday worship.

If you have any questions, please contact Nancy Gilmore at 540-338-3154 or ngilmore5@verizon.net.



March Flower Calendar

3rd	Open	10th	Open
17th	Open	24th	Open
31st	Open		

April Flower Calendar

7th	Wiley	14th	Palms
21st	Easter	28th	Shields

George E. Washington

March 09, 1940 - February 26, 2019

Services will be held on March 9, 2019 at New Jerusalem Lutheran Church, 12942 Lutheran Church Road, Lovettsville, VA 20180, 2:00 pm. The life memorial service will be officiated by the Rev. Jonathan Bunker, Berryville Presbyterian Church, and the Rev. Kristen Vingelis, NJ Lutheran Church.

Memorial contributions may be given to the Northern Virginia 4-H Educational & Conference Center, 600 4th Center Drive, Front Royal, VA 22630 or Round Hill Rescue, 4 Main Street, Round Hill, VA 20141.

The deadline for each issue of *Loaves & Fishes* is the **21st of each month**. The next deadline is MARCH 21st. Please send your submissions to Sally Brenton at sbrenton@starmail.com.

SCRIPTURES AND SERMONS FOR MARCH

March 3rd (Transfiguration Sunday; The Lord's Supper)

Scripture: *Acts 9:1-19*

Sermon: "The Paul Problem".

Worship Leader: Zack Henderson

Music: St. Andrew Choir

March 6th (Ash Wednesday; Imposition of Ashes – 6:30 pm)

Scripture: *Acts 8:26-37*

Sermon: "The Baptism Barrier"

Music: St. Andrew Choir

March 10th (First Sunday in Lent)

Scripture: *Luke 5:1-10*

Sermon: "The Prayer Plunge"

Worship Leader: George Cassutto

Music: St. Andrew Choir

March 17th (Second Sunday in Lent)

Scripture: *Acts 2:14, 32-39*

Sermon: "The Converted Community"

Worship Leader: Kate Rohrbaugh

Music: St. Andrew Ringers



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www.standrew-pres.org

The Rev. Dr. David Milam, Pastor

The Rev. Jo Anna Rich, Children and Family Ministries Director

Kimball Peele, Clerk of Session

Communion is celebrated on the first Sunday of each month

March 24th (Third Sunday in Lent)

Scripture: *John 4:7-10, 16-29*

Sermon: "Catalytic Conversations"

Worship Leader: Clark Seipt

Music: New Song and St. Andrew Choir

March 31st (Fourth Sunday in Lent)

Scripture: *Mark 2:1-12*

Sermon: "Healing Hospitality".

Worship Leader: Bonnie Milam

Music: St. Andrew Choir